



Dance

Description

Students are required to undertake systematic dance training to build physical skills and develop their ability to execute safely a diverse range of expressive body actions. Students develop and refine their choreographic skills by exploring personal and learnt movement vocabularies, and ways in which movement can be created and arranged to communicate the expressive intention of the dance-maker. Students perform choreographed or learnt solo and group dance works using different dance-making processes. They also study ways in which ideas are communicated through the skilled performance of their own and other's dances.

Unit Topics

Unit 1 - Dance

Unit 2 - Dance

Unit 3 - Dance

Unit 4 - Dance

Skill Development

Develop safe dance practice and physical skills to enable a secure, controlled, expressive movement vocabulary to emerge. Develop a safe and anatomically aware use of the body. Respond creatively and kinaesthetically to ideas, emotions, observations and explorations of movement to communicate an expressive intention. Observe, experience and write about dance. Students will develop skills such as creativity, resilience, leadership, problem solving, emotional intelligence and organisation skills.

Possible Assessment Tasks

Creating and performing solos, participating in a group choreography, respond to choreographer's dance in a written task. Performance in group performance at Performance Evening, present written reflections on the dance making process, respond to a variety of improvisational tasks.

Activities/Camps/Excursions

Workshops, research, technique class, group and individual performances, opportunity to be involved in the state school spectacular.

Career Options

School teacher, Fitness Instructor, Personal trainer, Choreographer, Dietician, Physiotherapist, Sport Management, Yoga/Pilates Instructor, Dance Teacher, Occupational Therapist.