



VET Sport & Recreation

Description

This subject will count towards VCE as well as provide you with a Certificate III in Sport and Recreation. It provides students with the skills and knowledge to work in the Sport and Recreation industry in areas such as sport & recreation officer, fitness industry, recreational officer, sporting coach and greens keeper. Throughout this course, students are required to complete 40 hours of volunteer or paid work, per year over the 2 years, within the sport industry.

Unit Topics

Unit 1 & 2 -

*Organise personal work priorities and development
Provide first aid
Participate in workplace health and safety
Use social media tools for collaboration and engagement
Conduct non-instructional sport, fitness or recreation sessions
Provide quality service
Respond to emergency situations
Develop and update officiating knowledge
Conduct sport, fitness or recreation events*

Unit 3 & 4 -

*Participate in WHS hazard identification, risk assessment and risk control
Develop and update knowledge of coaching practices
Conduct basic warm-up and cool down programs
Plan and conduct programs
Facilitate groups
Educate user groups*

Skill Development

Teamwork, leadership and organisation and initiative

Possible Assessment Tasks

Student complete an assessment in their iVET workbooks for each unit covered (in the list above). As well as practical assessments of each unit, Yr12 will also complete SAC's for each unit and VCE end of year exam to contribute to Atar score.

Activities/Camps/Excursions

Students work through their iVET workbooks during theory classes. They also take part in practical classes which include activities such as coaching, officiating, planning and organising events, designing and running fitness training programs and working as mentors to other students at LSC and surrounding schools. They also attend excursions throughout the year to different sport industries. These may include gyms, leisure centres, indoor play centres as well as taking part in outdoor activities.

Career Options

Possible job outcomes for a student with this qualification may include the provision of sport and recreation programs, grounds and facilities maintenance and working in the service industry in locations such as a fitness centre, outdoor sporting ground or aquatic centres. Also a pathway to Certificate III in Fitness and Diploma of Sport Development.