



Outdoor Education

Description

The Outdoor Education class aims to introduce students to a broad range of challenging outdoor and leisure activities. These will develop practical outdoor skills and encourage students to pursue these activities outside school hours.

Unit Topics

Topics include:

Practical

- bushwalking*
- tree planting*
- orienteering*
- canoeing*
- geocaching*
- stand up paddleboarding*
- mountain biking*
- snowshoeing*
- basic camping skills including emergency procedures, first aid and safety skills*

Theory

- Different Outdoor Environments*
- Sustainable Environments*
- Activity specific knowledge*
- Risks in the outdoors*
- Basic camping skills*

** some activities are subject to change*

** some activities are seasonal based*

Possible Assessment Tasks

- Activity journals*
- Initiative games*
 - 'My Favourite Place' assignment*
- Camp Preparation booklet*
- Risk Analysis*
- Practical participation and effort*

Excursions and camps

Students take part in a variety of excursions including bushwalking, tree planting, orienteering, canoeing, geocaching, stand up paddleboarding and snowshoeing (depending on time of year). The students also attend a mountain bike camp.