



Dance

Description

Students should be able to use a range of problem-solving techniques to express their creative intention through dance. Students should also begin to develop their own personal style in order to express original ideas both individually and in groups.

Unit Topics

- *Students evaluate their own dances, recognising their strengths and limitations through exploration and development of dance ideas*
- *Development of dance skills, techniques and processes*
- *Group based choreography*
- *Discussion of ways to anticipate and remedy the physical demands on dancers by developing an understanding of anatomy and physiology*

Skill Development

- *Physical skills*
- *Analytical (written) appreciation of dance*
- *Dance appropriate terminology*
- *Technical application of dance concepts*
- *Resilience*
- *Creativity*
- *Confidence*

Possible Assessment Tasks

- *Learnt group choreography (teacher taught)*
- *Group devised choreography - development of Dance skills/technique*
- *Dance analysis on a variety of dance styles*
- *Dance exam*
- *Anatomy and physiology - Dance injuries*

Activities/Camps/Excursions

- *Working with Leongatha Primary School*
- *State School Spectacular*
- *Local musical productions*

Career Options

School teacher, Fitness Instructor, Personal trainer, Choreographer, Dietician, Physiotherapist, Sport Management, Yoga/Pilates Instructor, Dance Teacher, Occupational Therapist.