



Healthy Minds

Description

Offering exposure and engagement in Psychology and Health and Human Development. Students examine Psychology and Health Human Development as dynamic concepts, incorporating biological, sociocultural and environmental factors, many of which can be modified by health care and other interventions.

Students consider the interaction of these factors, with particular focus on the dimensions of health and wellbeing that influence health and psychology; this is, on how health and wellbeing, and development, may be influenced by the conditions into which people are born, grow, live, work and age.

Unit Topics

Sports Psychology (PE), Clinical Psychology (HHD/Psych), Forensic Psychology (Psych), Educational/Developmental Psychology (HHD)

Possible Assessment Tasks

- *Clinical, behavioural and psychological testing and observations*
- *Forensic Psychology - Criminal profiling, stalking and criminal law*
- *Motivation, goal setting and sporting performance*
- *Science of psychology - unethical experiments*
- *Developmental psychology - Theorists and links to dimensions of health*

Career Options

Secondary teaching, Sport Psychology and Clinical Psychology and possible careers in health and sport management, law, counselling/social work.