



# Outdoor Education

## Description

*The Outdoor Education class aims to introduce students to a broad range of challenging outdoor and leisure activities. These will develop practical outdoor skills and encourage students to pursue these activities outside school hours.*

## Unit Topics

*Topics include:*

*Practical*

- Bushwalking
- Tree planting
- Orienteering
- Canoeing
- Geocaching
- Stand up paddleboarding
- Mountain biking
- Snowshoeing
- Basic camping skills including emergency procedures, first aid and safety skills

*Theory*

- Different Outdoor Environments
- Sustainable Environments
- Activity specific knowledge
- Risks in the outdoors
- Basic camping skills

*\* Some activities are subject to change*

*\* Some activities are seasonal based*

## Possible Assessment Tasks

- Activity journals (reflective writing)
- Initiative games
- 'My Favourite Place' assignment
- Camp preparation booklet
- Risk analysis
- Practical participation and effort

## Excursions and camps

*Students take part in a variety of excursions including bushwalking, tree planting, orienteering, canoeing, geocaching, stand up paddleboarding and snowshoeing (depending on time of year). The students also attend a mountain bike camp.*