

supporting your young person's mental health and wellbeing

education sessions for parents and carers

Leongatha Secondary College invites secondary school parents and carers to attend a **FREE** mental health education session covering:

- information about mental health and wellbeing in adolescence
- how to have conversations with young people about mental health & wellbeing
- strategies for parents/carers about how to support their young person

When

Monday 6th September
6pm – 7:30pm

Where

Online via Zoom

RSVP

[Registration Form](#)

This session is delivered by the Schools Suicide Prevention Activities team. This initiative is funded by the Australian Government.

REGISTRATION LINK

[Registration Form](#)